South Hills High School 10th Grade Parent and Student Meeting Wednesday, February 12th, 2025





Agenda Introductions

Introductions Role of the School Counselor Review of Requirements Class Scheduling Information AP and IB Classes Preparing for College SAT and CAASPP Testing Getting Help and Getting Involved Contact Information



SOUTH HILLS HIGH SCHOOL

2024-2025 SCHOOL COUNSELORS



Ms. Danielle Alexander

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Role of the School Counselor

ACADEMIC

COLLEGE/CAREER

SOCIAL/EMOTIONAL



Class Scheduling



Scheduling Paperwork

 All scheduling materials and a copy of the presentation are available digitally in the Class of 2027 Google Classroom.

	addenoir reequi	remer	nts vs. UG/	CSU A-G Red	quirements			
Subject	South Hills	High Sch	ool	UC/ C	CSU A-G			
Social Science	UC/CSU	U Approve	d Courses	S HIGH S	CHOOL]	
English	-	quiremen	_					
Mathematics	Subject A- Social Science		2 Years Human Geography (AP) Pre-AP Would History and U.S. Hunory and Geography American Government P IB History HI.		Approved Courses el Geography, Wield History P, Wodd History (AP) 1997, U.S. History (AP)			
Science	B- English		4 Years	Pos-AP ELA 1, Pos-AP E Pos-AP ELA 2, Pos-AP E Composition/Literature I	LA 2 Honors			
Language Other n English	C- Math D- Laboratory Science	Subject Language than Englis IB Group 3	9th Grade Cother 4130 Spanisl 2 4525 Chinese 4520 Chinese 4550 ASL 1		10* Grade 4130 Sponish I 4130 Sponish II 4160 Sponish III 4160 Sponish Language 4252 Chrimes I 4252 Chrimes II 4257 Chrimes II 4250 ABL I 4255 ABL I	11th Grade 4130 Spanish II 4140 Spanish II 4150 Spanish II 420 AP Spanish 4205 IB Spanish 4205 Chinese II 4207 Chinese II 4207 Chinese II 430 Chinese II 430 Chinese II	Language SL 1 HL 1	129 Gaule 210 Spanish II 410 Spanish II 410 Spanish II 420 AP Span
Fine Arts	E- Language other than En	Visual and	station and state stat	(CH-1)	1700 Inteo to Theater Arts (T-1) 1710 Play Production (T-2)	4635 IB Mandarin 4550 ASL I 4555 ASL II 4550 ASL II 1700 Intro to The 1710 Play Produc	SL 1	450 ABL I 4555 ABL II 4550 ABL III 4554 ABL III 4554 ABL III
Electives	F-Visual and Performing A	Performing	g Arts 1700 Intro to 9105 Video F	Theater Arts (T-1) roduction I (VP-1)	8007 Att Appreciation 8040 Advanced Att 8415 Digital Att 8447 Digital Photo 9105 Video Production I (VP-1) 9106 Video Production II (VP-2)	1720 Advanced A 8007 Art Apprecia 8040 Advanced A 8091 AP Art: 2D 8047 IB Visual Ar 8415 Digital Art	n HL	1110 Pay Production (T-2) 1110 Pay Production (T-2) 1007 Art Approximation 1009 Advanced Art 1009 Advanced Art 1000 Advanc
ysical Education		South Hills High School						
Ifornia School Da Gollege/Career Indicat t at least one of the mes CAASPP. Score of Le Advanced Placement (International Baccalau Completion of Dual E Complete a-g cotars of CTB Pathway complet	G. Elective	Student Name:Current Grade Level:Student ID #: Pathways I am Interest in Completing: Udes Producton (VP)Dammers (B)Complet Scence (CS) System Medicine (M)Cheve (CH)Theeter (T)Current / Afts (CA) IB Course Selection (11 ⁴ and 12 ⁴ Crade Chr/y) IB Course Selection (11 ⁴ and 12 ⁴ Crade Chr/y) Complet Scence to Atthe the (11 ⁴ Class and then select 51, (Standard Level classes to Mill al: B course requirement						
55			Subject	9 th Grade	sses, two HL and two SL or select 10 th Grade		11 th Grade	12 th Grade
		IIЬ	English 18 Group 1 Marth 18 Group 5	1174 Pre-AP ELA 1 1175 Pre-AP ELA 1 Honors 3017 International Math 1 3028 International Math 111 3030 International Math 111 3040 International Math 111	1276 Pro AP ELA 2 1277 Pre AP ELA 2 Honor 1277 Pre AP ELA 2 Honor 1275 Homensteinen Marti I 1202 Homensteinen Marti II 1202 Homensteinen Marti II 1300 Homensteinen Marti II 1310 Trigi Pre Catactars 1316 Trigi Pre Catactars He 2140 AP Catactars AB	s 1910 A 1905 B 3017 k 3023 k 3030 k 3030 k 3100 T 3105 T	comp LE III	1:71 CSU Expository Reading Writing 1:80 AP English Literature 1:80 AP English Literature 3:82 International Moh II 3:93 International Moh II 3:94 International Moh II 3:94 Moh II 3:94 Moh II 3:94 Moh II 3:95 Moh III 3:95 Moh II 3:95 Moh III 3:95 Moh II 3:95 Moh III 3:9
L			History/Social Science B Group 3 Science B Group 4	2115 AP Haman Geography 5105 Conceptual Physics 507 Pric AP Biology 5049 Pre AP Biology Honors	2055 AP World History	2276 H 5046 A 5050 A 5105 C 5105 C 5105 C 5110 C 5110 A 5117 A 5185 A 5185 A	\$ History P US History Interny / Americas HL 1 History of Americas HL 1 History HL 1 conceptual Physics conceptual Physics Conceptual Physics P Physics 1 De Environmental Science C Chemistry Sports Exercise and Health Sci SL	11/02/2013 Generational Economics 2196/223 PCU 1/4P Macroscontentiss 227 B History of American II, 2 2007 B History of American II, 2 2007 AP Denyi Million 2007 AP Denyi Millio
			Physical Education	0144 9th Grade PE 0180 Beginning Dance 0300 Marching Band and Ad 0500 Football 0530 Wrestling *All other sports require tryc participation in summer prog	0180 Beginning Dance 0182 Intermediate Dance 8201 Dance Production 0300 Marching Band and a	0250 C 0254 B 0256 A 0180 B 0182 k	I sports Exertise and Health Sci SL ody Building erobics agrinning Dance termediate Dance ance Production	0250 Coel PE 0254 Body Building 0255 Aerokis 0160 Beginning Dance 0162 Intermediate Dance 0201 Dance Production
			Updated 8/5/		Sports	Sports		Sports

Scheduling Process

- Last week, the counselors met with all 10th grade students to deliver class selection information.
- Counselors reviewed transcripts and shared 11th grade class options.
- Starting February 19th, the counselors will meet individually with each student to review their course selections and transcripts.
- The counselors will suggest summer school classes based on the student's grades at that time.



11th Grade Classes

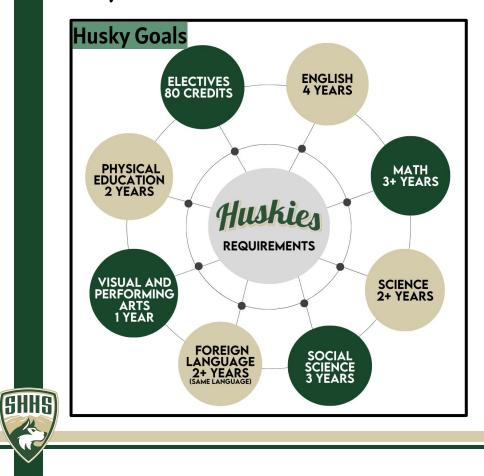
All students are required to take seven classes.

- Students should continue to take a strong academic schedule that includes <u>English</u>, <u>US History</u>, <u>Math</u>, <u>Science</u>, and a <u>language other</u> <u>than English</u> courses.
- We expect students to work toward completing the A-G requirements, and may require them to take a credit recovery class.
- We expect students to choose classes that they will commit to for the entire academic school year.



Requirements

4





SOUTH HILLS HIGH SCHOOL Graduation Requirements vs. UC/CSU A-G Requirements

Subject	South Hills High School	UC/ CSU A-G	
A- Social Science	30 credits World History US History Gov/Econ	2 years required World History US History	
B- English	40 credits	4 years required	
C- Mathematics	20 credits Including successful completion of International Math I	3 years required (4 years recommended) International Math I, II, III	
D- Science	20 credits 1 year Biological Science *Health requirement met with successful completion of Biology 1 year Physical Science	2 years required (3 years recommended) Biology, Chemistry or Physics	
E- Language Other than English	10 credits Spanish/ Chinese American Sign Language	Language other than English 2 years required (3 years recommended) AND	
F- Fine Arts	OR Music/Art/Drama/Dance	Visual Performing Arts 1 year required of same class- Consecutive Semesters Only Music/Art/Drama/Dance	
G- Electives	80 credits	College Prep. Electives 1 year required	
Physical Education	20 credits	Special Note: Colleges require a grade of "C" or higher. Any D must be re-taken for admission consideration. NCAA Clearance is required to compete in	
California School Da	shboard- College/Career Indicator	college athletics	
meet at least one of the me CAASPP: Score of Le Advanced Placement International Baccalau Complete and Complete and Co	tor measures how well schools are preparing students for like saures in the prepared level: wel 3 "Standard Met" or higher on both English (BLA) and n (AP) Exams: Score of 3 or higher on two AP exams areate (IB) Exams: Score of 4 or higher on two IB exams farollment: Two semesters of college coursework with a grad equirements twith grades of C or better <u>plus</u> one of the Addit tion with a grade of C or better in the capstone course <u>plus</u> or <u>Additional Criteria</u> SBAC Level 3 or higher on ELA and at lexast 1 evel 2 "Standard SBAC Level 3 or higher on mathematics and at lexast 1 evel 2 "Standard SBAC Level 3 or higher on mathematics and at lexast 1 evel 2 "Standard SBAC Level 3 or higher on mathematics and at lexast 1 evel 2 "Standard SBAC Level 3 or higher on mathematics and at lexast 1 evel 2 "Standard SBAC Level 3 or higher on mathematics and at lexast 1 evel 2 "Standard SBAC Level 3 or higher on mathematics and at lexast 1 evel 2 "Standard SBAC Level 3 or higher on mathematics and at lexast 1 evel 2 "Standard 1 even 1 e	nath e of C or better tional Criteria below one of the Additional Criteria below Vendy Met" in muthematics	

College/Career Indicator

California School Dashboard- College/Career Indicator

The College/Career Indicator measures how well schools are preparing students for likely success after graduation. High school graduates must meet at least one of the measures in the prepared level:

- Smarter Balanced Summative Assessments: Score of Level 3 "Standard Met" or higher on both English (ELA) and math
- Advanced Placement (AP) Exams: Score of 3 or higher on two AP exams
- □ International Baccalaureate (IB) Exams: Score of 4 or higher on two IB exams
- Completion of Dual Enrollment: Two semesters of college coursework with a grade of C or better
- Complete a-g course requirements with grades of C or better <u>plus</u> one of the Additional Criteria below
- CTE Pathway completion with a grade of C or better in the capstone course <u>plus</u> one of the Additional Criteria below

Additional Criteria

- SBAC Level 3 or higher on ELA and at least a Level 2 "Standard Nearly Met" in mathematics
- SBAC Level 3 or higher on mathematics and at least a Level 2 "Standard Nearly Met" in ELA
- One semester of Dual Enrollment with a grade of C or better
- Score of 3 on one AP exam or score of 4 on one IB Exam (for a-g requirement only)
- Completion of CTE Pathway (for a-g requirement only)







SOUTH HILLS HIGH SCHOOL

UC/CSU Approved Courses 2024-2025 A-G Requirements

Subject	Requirement	South Hills UC Approved Courses
A- Social Science	2 Years	Human Geography (AP) Pre-AP World History, World History P, World History (AP), 01/03 World History U.S. History and Geography, U.S. History (AP), 01 American Hist, 03 American Hist American Gov P, US Gov and Politics (AP), 01 American Gov, 03 American Gov IB History HL
B- English	4 Years	Pre-AP ELA 1, Pre-AP ELA 1 Honors, 01 CompLit I, 03 CompLit I Pre-AP ELA 2, Pre-AP ELA 2 Honors, 01 CompLit II, 03 CompLit II Composition/Literature III CCSS, 01 CompLit III, 03 CompLit III CSU Expository Reading and Writing, 01 CompLit IV, 03 CompLit IV English Literature and Composition (AP) English Language and Composition (AP) IB Language A: Language and Literature HL
C- Math	3 Year Required, 4 Years Recommended	International Math I, 01 International Math I, 03 International Math I International Math II, 01 International Math II, 03 International Math II International Math III, 01 International Math III, 03 International Math III International Math III/Trig Pre-Calc Stats/Prob/Finite P Trig/Pre-Calc P, AP Precalculus Calculus AB (AP) Calculus BC (AP) IB Math Analysis SL
D- Laboratory Science	2 Years Required, 3 Years Recommended	Pre-AP Biology, Pre-AP Biology Honors, 01/03 Biology, Biology (AP), IB Biology HL Pre-AP Chemistry, Chemistry Honors, Chemistry (AP) Physics P, Physics 1(AP) Body Systems and Disorders Conceptual Physics P, 03 Conceptual Physics Environmental Science (AP)
E- Language other than English 2 Years Required, 3 Years Recommended		American Sign Language I P, II P, III P, IV P Chinese I P, II P, III P, IV P, Chinese Language (AP) Spanish I P, II P, III P, Spanish Language (AP) IB Mandarin SL/HL IB Spanish SL/HL



A-G Classes at South Hills

SHHS

F- Visual and Performing Arts	1 Year	Advanced Acting Advanced Art Advanced Band Art Appreciation Beginning Dance Ceramics and Sculpture Chorus Concert Choir Digital Photo II IB Theater SL IB Visual Art HL Intermediate Dance Intro to Theater Arts Jazz Ensemble Marching Band Photography/Commercial Art
G- Elective	1 Year	Digital Photo II Special Projects Advanced Sports Physical Therapy Advanced Welding AVID 9, 10, 11, 12 Business Applications and Design Computer Science A (AP) Culinary Arts I, II Economics P, Economics: Macro (AP), 01 Economics, 03 Economics ELD III- English Language Development Entrepreneurship IB Business and Management SL IB Sport Exercise and Health Science SL IB Theory of Knowledge Journalism in the Digital Age Leadership 1, 2 Literature, Media, and Film Medical Careers Peer Counseling 1, 2, 3 Psychology/Sociology, Psychology (AP) Speech Virtual Enterprise





community

Career Technical Education (CTE) provides students of all ages with the academic and technical skills, knowledge, and training necessary to succeed in future careers and become lifelong learners. Students take a specialized sequence of courses. a pathway, that provides rigorous academic and technical knowledge and skills aligned with a specific career focus. CTE pathways range in length and culminate in a capstone-level course. Courses within the same CTE pathway are designed to be taken sequentially to ensure the development of knowledge and skills over time.

CTE programs provide students with hands-on, real-world experiences that prepare them for the workforce and higher education. These programs often partner with local industries, businesses, and community organizations to offer internships, job shadowing, and other experiential learning opportunities. This provides students with valuable work experience and helps build strong relationships between the school and local businesses.

In addition to technical skills. CTE programs also emphasize developing soft skills such as communication, problem-solving, teamwork, and time management.





TRI-COMMUNITY

ADULT EDUCATION

Industry: Building and Construction Trades Pathway: Mechanical Systems Installation and Repair Courses: · HVAC Advanced HVAC

Industry: Information and Communication

C-VUSD





Courses: Court Reporting Advanced Court Reporting

Industry: Building and Construction Trades Pathway: Mechanical Systems Installation and Repair Courses: Electrical Advanced Electrical



Industry: Manufacturing and Product Development Pathway: Metal Fabrication Courses: Metal Fabrication Advanced Metal Fabrication



Industry: Manufacturing and Product Development Pathway: Welding and Materials Joining Courses: Welding



Advanced Welding

Industry: Fashion and Interior Design Pathway: Personal Services - Cosmetology Courses:

 Cosmo 141: Intro to cosmetology Cosmo 181: Haircutting



Off Campus during 6th and 7th period



Selecting Classes in the Aeries Portal

Students need to enter course requests in the Aeries Student Portal by

Tuesday, February 18th!





All courses must be entered in the portal by <u>Tuesday, February 18th</u>

When will you meet with your counselor?

Colwell- February 20 Jacobsen- February 24 Johnson- March 12 Liana - February 28 Lim- February 25 Lopez- March 4 McKissick - February 21

<u>Neria</u>- March 4 <u>Robinson</u>- February 27 <u>Rogers</u>- February 26 <u>Steinkraus</u>- March 3 <u>Villanueva</u>- February 18 <u>Wong</u>- March 10



Summer School

Summer school registration will take place when the student meets with his or her counselor.

After that, the information will be available on the school website.

*Mt. SAC Sponsored Summer Classes

June 9- July 11, 2025

Semester 1: June 9 - June 24 (no school June 19)

Semester 2: June 25 - July 11 (no school July 4)





Choosing Classes: AP, IB, and DE Options



Expectations

- AP and IB courses demand more than regular college prep courses.
- Classes tend to be fast-paced and cover <u>more material</u> than typical high school classes.
- Classes require more time, inside and outside of the classroom, and more time required to complete lessons, readings, assignments, and homework.
- Discussions in AP and IB classes are required and thought-provoking.
- If committing to the Full Diploma IB program, there are other requirements including TOK, Extended Essay, and CAS (Creativity, Activity & Service.)



What is AP?

- AP = Advanced Placement
- AP courses are college-level courses offered in high school.



- All AP courses are one year courses and are taken individually. Program
- Students take AP Exams at the end of the course, measuring their mastery of college-level work.
- A score of 3 or higher on an AP Exam can typically earn students college credit and/or placement into advanced courses in college.



What is IB?



- IB = International Baccalaureate
- Students can take:
 - IB Diploma Program (6 courses plus T.O.K.)
 - Associates Program (3-4 courses plus T.O.K.)
 - Individual course (1-2 courses)
- The aim of IB is to develop *inquiring*, *knowledgeable*, and *caring* young people with adaptable skills to tackle society's complex challenges and who will help to make a better, more peaceful world.



Both Programs...

- Are valued by college and university admissions
- Offer college credit and/or allows students to skip entry level college coursework depending on college policies
- Give students the opportunity to be better prepared and therefore more successful at the university level
- Provide a rigorous academic profile

Most students choose between AP and IB dependent on their learning style and what type of learning they benefit from.



AP & IB College Recognition Myths

"AP is better than IB." "Colleges do not accept IB credit"

"I've heard IB is only accepted in Europe and AP is accepted in the US."

- Many admission reps say they honor both programs, since both offer rigorous college-level course-work
- Credits granting policies differ from college-to-college
- Be sure to check with specific colleges regarding their AP/IB credit acceptance.

Both programs offer college credit but every college accepts a certain number/type of credit (AP or IB).



Each college and university has its own policies regarding AP/IB credit and placement.

The College Board offers information about AP credit at thousands of college and universities at <u>www.collegeboard.org/apcreditpolicy</u>.

- Search by school name or alphabetically
- Data for each school includes a direct link to that school's Web page detailing AP credit and placement policies
- A statement from the college or university about its AP policy

Higher education institutions around the world admit students based on their IB credentials, and many have specific admission policies and guidelines for IB students

http://www.ibo.org/university-admission/reco gnition-of-the-ib-diploma-by-countries-and-un iversities/



AP Exams

AP Exams are administered by schools worldwide on set dates in May each year.

- Exams are typically 3–4 hours and include:
 - Multiple-choice questions
 - Free-response items such as essays, problem solving, document-based questions, and oral response

For AP Exams, students receive scores ranging from 5 to 1, with 5 being highest.





IB Exams are administered by schools worldwide on set dates in May each year.

 <u>External Assessments</u> are typically 3–4 hours (varies) and include: Essays Structured problems Short/data/text-response questions Case studies Multiple choice- though these are rarely used 	 Internal assessments are also used in IB courses and go towards your final scores This includes: oral work in languages research paper in history laboratory work in the sciences investigations in mathematics
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In the IB Full Diploma, students receive grades ranging from 7 to 1, with 7 being highest. Students receive a score for each DP course attempted.

25



What is Dual Enrollment?

We will be expanding our Mt. SAC Dual Enrollment class options on our campus next year.

- Students who complete Dual Enrollment class will receive credit at both South Hills & Mt. SAC.
- This would allow students to get transferable credit for a college level course during their senior year.
- Courses we will be offering during the 2025-26 school year:
 - 1st Semester
 - SPCH 1A Public Speaking
 - SOC 5 Intro to Criminology
 - ETHS 1 Intro to Ethnic Studies
 - o 2nd Semester
 - MUS 15 Rock Music History
 - ADJU 1 Admin of Justice
 - FIRE 1 Fire Protection Org
 - ETHS 1 Intro to Ethnic Studies
 - All classes will run 7:45am 9:20am



Enrolling in College Classes



<u>Mt. SAC</u> and <u>Citrus College</u> allow our juniors and seniors to take college level classes for free while concurrently enrolled in high school

- Minimum 3.0 HS/College GPA
- Parent permission
- School recommendation from principal/counselor
- Meet all course prerequisites



Preparing for College



Preparing for College

Checklist

High school grades and classes matter!

- Start building your college list
- Students and parents might have different priorities. Discuss those priorities before beginning your college search.
- Things to consider when searching for colleges:
 - Size/Location/Housing available
 - Majors Offered
 - Admission requirements
 - Cost/Financial Aid available
 - Campus Life/ Sports/ Activities
 - Research/ Internship opportunities available
 - Average amount of time it takes to graduate



Reach, Target, and Safety Schools



Consider Your College Options

- California State Universities (CSU)
- University of California schools (UC)
- Private Colleges and Universities
- Out of State Colleges and Universities
- Community Colleges
- Trade School/ Adult education/ Apprenticeship





Public Universities in California

California State University

- Public, 4-year
- Apply Oct. 1- Nov. 30
- 23 campuses
- 2.5 minimum GPA
- No SAT or ACT scores required or reviewed
- No personal statements
- Approximate cost: \$23,000 per year



<u>University of California</u>

- Public, 4-year
- Apply October 1- November 30
- 9 campuses
- 3.0 minimum GPA
- No SAT or ACT scores required or reviewed
- 4 personal insight questions
- Approximate cost: \$34,000 per year



<u>California</u> <u>Community Colleges</u>

- Public, certificate or 2-year transfer programs
- Application deadlines vary
- Over 100 colleges in CA
- No minimum GPA
- No SAT or ACT scores required
- Approximate Cost: \$17,000 per year
 - Tuition is about \$1,100/yr





<u>Private & Out of State</u> <u>Colleges and Universities</u>

- Public or Private, 4-year
- Application deadlines vary
- Admission requirements vary
- May require SAT or ACT
- Do your research!
- Approximate cost: \$30,000 60,000/yr



Gather College Information

NACAC Virtual College Fairs Sign up and attend for free! Register Here <u>NACAC In-person College Fair</u> February 16th at the Anaheim Convention Center - <u>Register Here</u>





Gather College Information

The Association of Independent California Colleges and Universities (AICCU) has a complete list of all the private, nonprofit colleges and universities located throughout California.

AICCU College Guides

1 CALIFORNIA 86 POSSIBILITIES

AICCU COLLEGES & UNIVERSITIES OFFER:

Affordable Access Regional Locations Wide Range of Majors Diverse Environments Student Centered Supports Student Success

Visit: aiccu.edu/collegeguides for a complete list of private, nonprofit colleges and universities in California!



21 L Street, Suite 80: acramento, CA 9581 aiccu.ed



Gather College Information



Visit Cal State Campuses in Person or Online

CSU Campus Events

Virtual Campus Tour

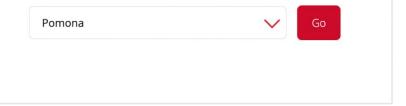
You may not be able to tour a campus in person, but it doesn't mean you can't visit virtually!

Select a Campus



In-Person Campus Tours

Get to know your CSU campuses with an in-person tour, and see what your future holds.





UC Information

UC for Everyone 2025

UC will host a free virtual event on Tuesday, February 25, for students and families who are interested in learning more about UC admission and our nine undergraduate campuses. We welcome California students in grades 9–11 or community college students who are interested in applying to UC for fall 2026 or beyond.

UC is a destination for students who are intellectually curious, seek professional and personal growth and believe that education is an investment in their future. This event will help students discover what kinds of learning and engagement opportunities are available in and out of the classroom. A panel of current students will answer questions about their experiences being a part of UC. Finally, admissions representatives will share information on both the first-year and transfer admission routes, including tips to help students prepare for the process.



Registration is required and space is limited. Please <u>register online</u>.

UNIVERSITY OF CALIFORNIA UC for Everyone

Are you a California high school or community college student interested in applying to the University of California next fall or beyond? Discover what kinds of learning and engagement opportunities are available at UC during this free virtual event.

Students and families, join us!

Learn about the University of California's nine undergraduate campuses and chat with campus representatives

Hear from current students about their experience being a part of UC

Get tips on how to prepare for the admission process and be a competitive applicant

Questions? Email us at ucforyou@ucop.edu

Tuesday, February 25, 2025 6 - 7:30 p.m. (Pacific Time)

Space is limited. Register at ucop.swoogo.com/ucforeveryone25



Using Naviance and Other College/Career Search Resources



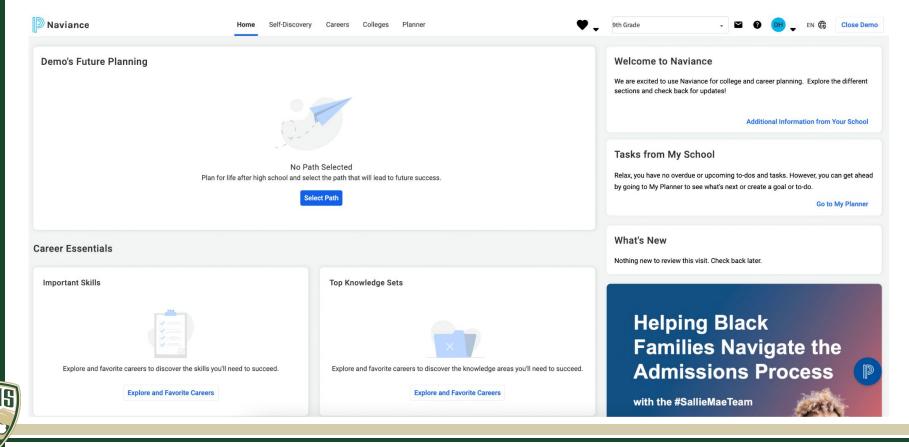
Naviance

- College Search
- Career Profiles
- Resume Builder
- Scholarship Information

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Classroom	Cloud Print	Esna Offic			
~			Log into your Naviance account using the following information:		
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Gantter Pr	Kaizena	Kami - PD	Login using your C-VUSD Google email and password		
			If you run into issues logging into your account, please contact your counselor for assistance		
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Palo Alto	WHD	1			
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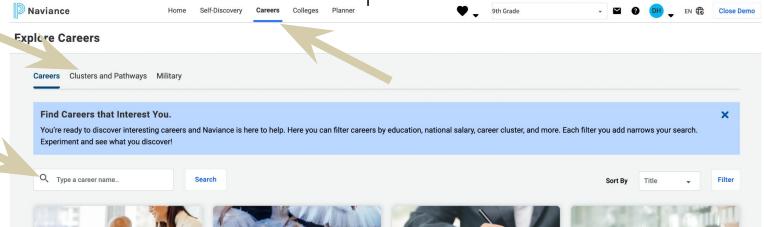


Naviance





Students can explore career information by clicking on the "careers" tab on the top of the screen





Accountants and Auditors

Examine, analyze, and interpret accounting records to prepare financial statements, give advice, or audit and evaluate statements prepared by others. Install or a...



Actors

Play parts in stage, television, radio, video, or film productions, or other settings for entertainment, information, or instruction. Interpret serious or comi...



Actuaries

Analyze statistical data, such as mortality, accident, sickness, disability, and retirement rates and construct probability tables to forecast risk and liabi...



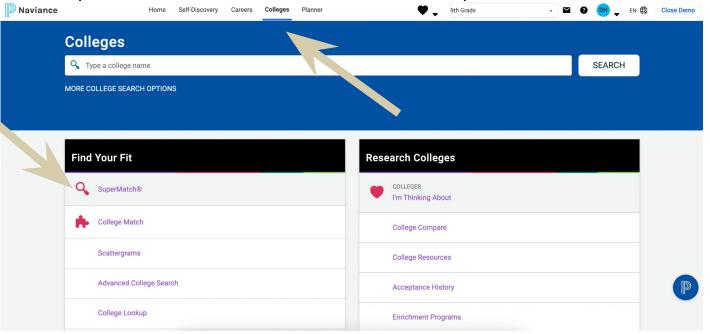
Acupuncturists

Diagnose, treat, and prevent disorders by stimulating specific acupuncture points within the body using acupuncture needles. May also use cups, nutritional ...



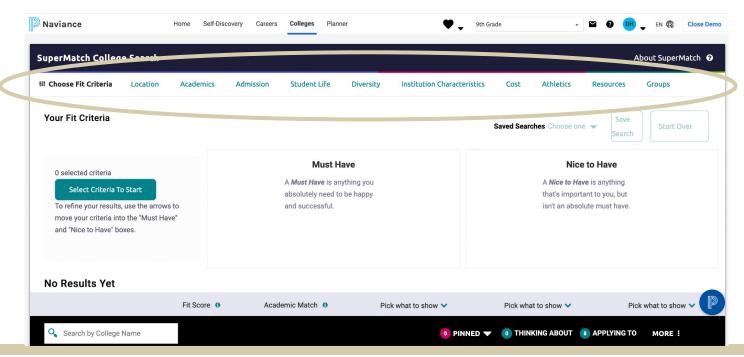


Students can explore colleges by clicking on the "colleges" tab. Several search options are available, including "SuperMatch college search"





Using SuperMatch college search allows students to filter their priorities during their college search





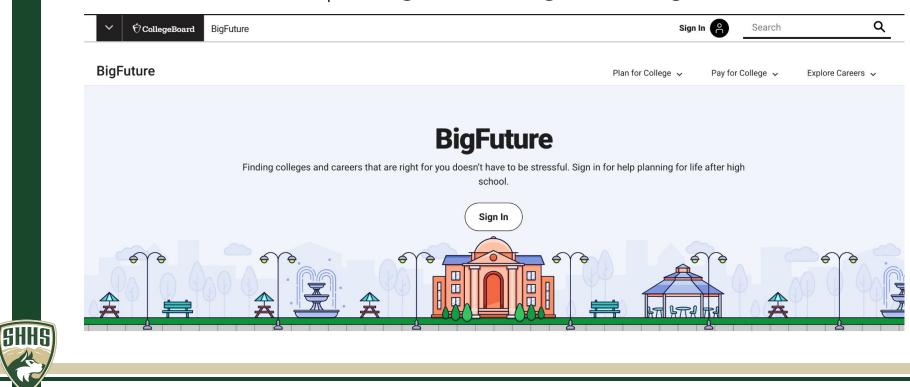
California Career Zone

https://www.cacareerzone.org/



College Board - Big Future

https://bigfuture.collegeboard.org/



10th Grade Matters!

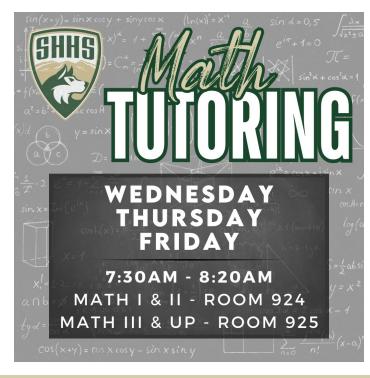


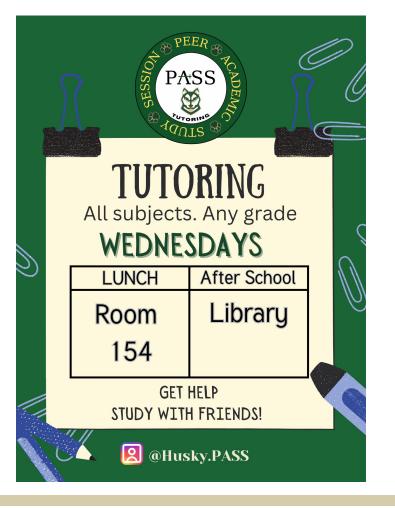


- 10th and 11th grade grades are used to determine eligibility for UC and CSU admissions
- 11th grade is the <u>LAST</u> semester that will count towards your GPA for college applications and Cal Grants
- Continue to keep GPA high for college applications and financial aid
- Cal Grants are determined by
 - 1. Financial Need
 - 2. GPA
- 3.0 or higher for 4-year University
- 2.0 or higher for Community College



Free Tutoring at South Hills





Free Online Tutoring

Students who have an LA County Library card can access free online tutoring 24/7 by going to this link. <u>Free Online Tutoring</u>

If you do not have an LA County Library Card, see this website for how to get your free library card. LA County Library Card

All students can access a free online tutoring session by using this link. <u>California State Library Tutoring Link</u>





PSAT and SAT

Most universities do not require students to take the SAT or ACT for admissions.

Fairtest.org has a list of all schools that do not require an exam for admissions

We will likely offer students the opportunity to take the PSAT in October, which can be used for National Merit scholarship consideration.





PSAT Results and Khan Academy

- Review your PSAT results to study for the SAT
- Sign in to your College Board account to see your results
- Link your College Board account to Khan Academy for FREE, personalized SAT prep

Steps to link your College Board and Khan Academy Accounts

Step 1

Log in to or create your Khan Academy account at **satpractice.org**

Step 2

When prompted, agree to link your Khan Academy and College Board accounts

Step 3

Sign in or create your College Board Account and hit "Send" to send your scores

Sign up. Link up. Get practicing.





CAASPP Testing in 11th Grade

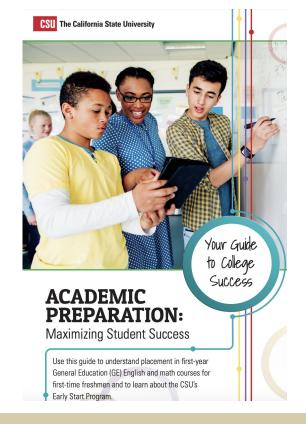
Why is it Important?

- Results are used to determine placement in senior Math and English classes
- Impacts college placement:
 - Universities use CAASPP results to determine if you can enter taking college level classes
- Score on ELA determines eligibility for Seal of Biliteracy
- Impacts how we are judged as a school



CAASPP and CSU Placement

<u>Academic Prep</u> <u>Brochure</u>



Multiple Measures for Placement Include: Standardized Tests: CAASPP/EAP, ACT, SAT, AP, IB, and CLEP High School and College Coursework* High School Math GPA

The CSU will use the highest achieved measure to determine placement in the appropriate GE English and math/QR courses.

Why are Standardized Assessments (CAASPP/EAP, SAT, ACT) Important?

The assessments provide an early indicator of students' readiness to take GE English and math courses. Taking these assessments in their junior year gives students the opportunity to strengthen their skills during their senior year by enrolling in appropriate courses.

How is the EAP Status Determined?

The CSU uses the CAASPP in English Language Arts/Literacy and Mathematics to determine a student's Early Assessment Program (EAP) status. In the spring of their junior year, students take the CAASPP English Language Arts/Literacy and math exams, also referred to as SBAC.

How Do Students Obtain CAASPP/EAP Scores?

The CAASPP/EAP scores are included in the CAASPP Student Score Report the school district provides to students in early fall of the senior year.

NCAA

For South Hills NCAA approved courses: Click Here - School Code 050704

HIGH SCHOOL TIMELINE GRADE 9 GR

Plan

- Start planning now! Take the right courses and earn the best grades you can.
- Ask your counselor for a list of your high school's NCAA core courses to make sure you take the right classes. Or, find your high school's list of NCAA core courses at eligibilitycenter.org/courselist.

GRADE 10 Register

- Register for a Certification Account or Profile Page with the NCAA Eligibility Center at eligibilitycenter.org.
- If you fall behind on courses, don't take shortcuts to catch up. Ask your counselor for help with finding approved courses or programs you can take.

GRADE 11 Study

- Check with your counselor to make sure you are on track to graduate on time.
- Take the ACT or SAT, and make sure we get your scores by using code 9999.
- At the end of the year, ask your counselor to upload your official transcript.

GRADE 12 Graduate

- Take the ACT or SAT again, if necessary, and make sure we get your scores by using code 9999.
- Request your final amateurism certification after April 1.
- After you graduate, ask your counselor to upload your final official transcript with proof of graduation.

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Resources & Upcoming Events



Community Resources



Crisis Hotlines

National Suicide Prevention Hotline	(800) 273-8255
24/7 Suicide Crisis Hotline	(877) 727-4747
Crisis Text Line	Text "HELLO" to 741-741
Trevor Project (LGTBQ+ Crisis Hotline)	(866) 488-7386 or
	Text (202) 304-1200
Rape Sexual Assault Hotline	(800) 656-HOPE
Runaway Hotline	(800) 786-2929
Pregnancy Hotline	(800) 339-6993
Domestic Violence	(800) 799-7233
Drug & Alcohol Abuse	(626) 914-1861

24 Hour Urgent Psychiatric Services

*Individuals can be seen at any hospital emergency room

Aurora Charter Oak Hospital	Behavioral Health Urgent Care	BHC Alhambra Hospital	
1161 E. Covina Blvd	18501 Gale Avenue, Suite 100	4619 N. Rosemead Blvd.	
Covina, CA 91724	City of Industry, CA 91748	Rosemead, CA 91770	
(626) 966- 1632	(626)626-4997	(626) 470-9583	
Hotline #: (800) 654-2673			

Family and Individual Counseling Services (Non-Crisis)

San Gabriel Valley NAMI "Warmline"	<u>(</u> 626)577-6697
LA County Department of Mental Health (24/7 Access)	(800)854-7771
Care Solace "Care Companion" Mental Health Resources	(888)515-0595
APU Community Counseling Center- Azusa	(626) 815-5421
Five Acres – West Covina	(626)773-9222
ENKI Mental Health Services- West Covina	(866) 227-1302
Foothill Family Services- West Covina	(626) 993-3000 Medi-Cal
Pacific Clinics- Glendora	(626) 335-5980 Medi-Cal
Hillsides & Bienvenidos Family Resource Center	(323) 274-3075 Medi-Cal
Center for Integrated Family Health Services	(626) 966-1577 Medi-Cal
California Family Counseling Network	(626) 332-7335 Medi-Cal



http://caresolace.com/cvusdparents

SHHS

Hazel Health

Covina-Valley Unified School District's partnership with Hazel Health means your child can get high-quality teletherapy.

- Students can get teletherapy at school or at home.
- Weekly therapy sessions can help students with depression, anxiety, loneliness, personal relationships, anger, academic stress, motivation, and more.
- All Hazel Health visits are safe and confidential.
- Contact your school counselor if you are interested in getting started.

How telehealth with Hazel Health works

Telehealth is the use of technology to provide health care virtually. All Hazel visits are virtual visits.



Teletherapy

Our licensed therapists help students cope with their feelings through virtual mental health sessions.



Care coordination

If your student needs care beyond Hazel, we can provide recommendations for ongoing care.

Peer Counseling Support and the Wellness Center

2024-2025 SHHS **SOUTH HILLS HIGH SCHOOL** PEER COUNSELING **REFERRAL FORM** Scan below to request an appointment to meet with a Peer Counselor in the Wellness Center

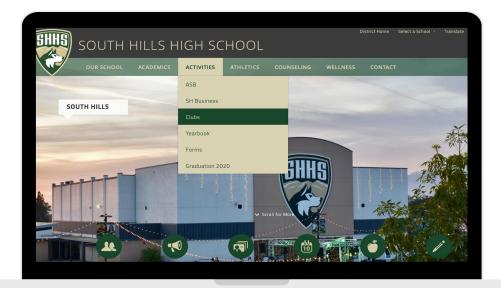
https://bit.ly/shhswellness24-25

Stress Sadness **Test Anxiety Relationships Getting Connected Time Management** Struggles at Home Motivation Loneliness Grades



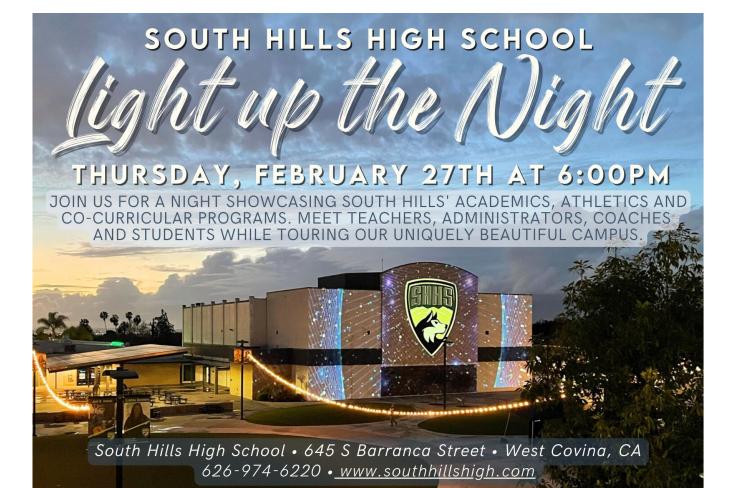
South Hills Clubs

<u>20+ Active Clubs</u> Link to Clubs



Artistry of Film	Cooley	Abigail Marin	Lunch	Friday	Theater
AVID	C. James	Luke Garcia	NA	NA	NA
Bake and Debate	Gonzalez-Renova	Abigail Marin	Lunch	Tues & Thurs	Room 164
Barkada	Wong	Joshua Buenviaje	Lunch	Friday	Room 253
Baseball	Murphy	Elias Reyes	12:10 PM	Monday	Baseball Team Room
Boys Tennis	Weber	Megan Tran	Lunch	TBD	Room 102
BSU	Hert	Myia Abarca	Lunch	Tuesday	Room 425





SHHS



Contact Us

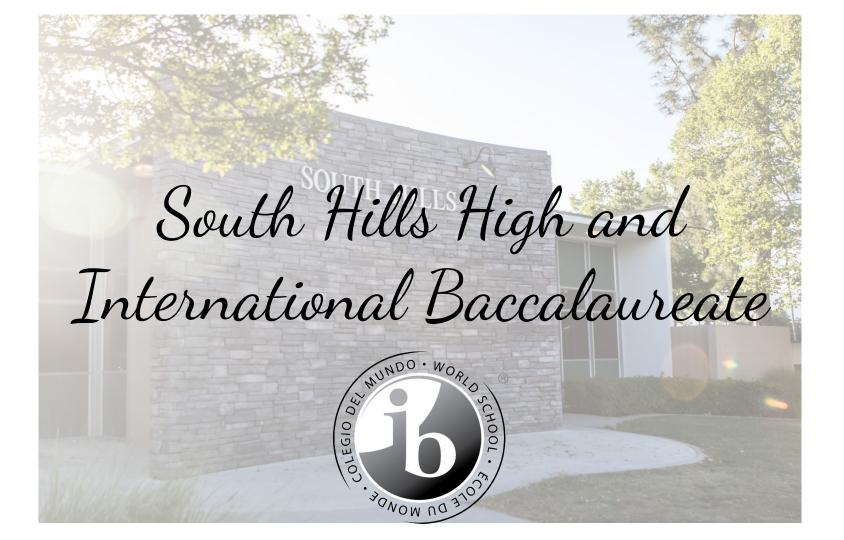
www.southhillshigh.com

Main Office: (626) 974-6200 Counseling Office: (626) 974-6208 ASB Office: (626) 974-6210 Attendance Office: (626) 974-6220



<u>Follow us on Instagram</u> @southhillscounseling @southhillsasb





IB Website



What is an IB Education?

Focused on the whole person as a lifelong learner To develop people with adaptable skills to tackle society's complex challenges

To help people create a better and more peaceful world



International Mindedness

- International-mindedness is an attitude of openness to, and curiosity about, the world and different cultures
- Intercultural understanding involves recognizing and reflecting on one's own perspective, as well as the perspectives of others



Getty Images

What are some benefits for students taking IB?

- Encouraged to think critically and solve complex problems
- Drive their own learning
- Develop strong academic, social and emotional characteristics
- <u>College & career readiness</u>



EDUCATING FOR LIFE ÉDUQUER POUR LA VIE EDUCAR PARA LA VIDA

Community of Learners

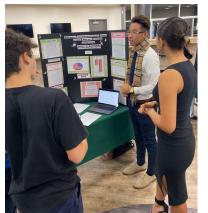












IB Options at South Hills High

We offer three options within our IB programme (offered during junior and senior year)

3 The DIPLOMA ASSOCIATES COURSES Study 3 - 4 subjects + PROGRAMME **Course selections** (CAS & TOK) Study 6 subjects + the [taking courses a la \bullet (Although the associates distinction is not officially core (CAS, EE, TOK) carte like students do recognized by IB, it demonstrates to colleges a student's commitment to academic with AP] rigor)

The Core

Creativity, Activity Service (CAS)

experiential learning where students complete a wide variety of extracurricular, community service and athletic options.







The Core

The Extended Essay (EE)

an independent, self-directed piece of research of the student's choice Sample Student Questions

To what extent has Esports' recent popularity impacted the global gaming industry?

To what extent did the East Los Angeles Blowouts help Mexican American Youth build a cultural and political identity during El Movimiento Chicano of the late 1960s?

To what extent is rap music a form of poetry and how is each platform used to convey a message?



The Core



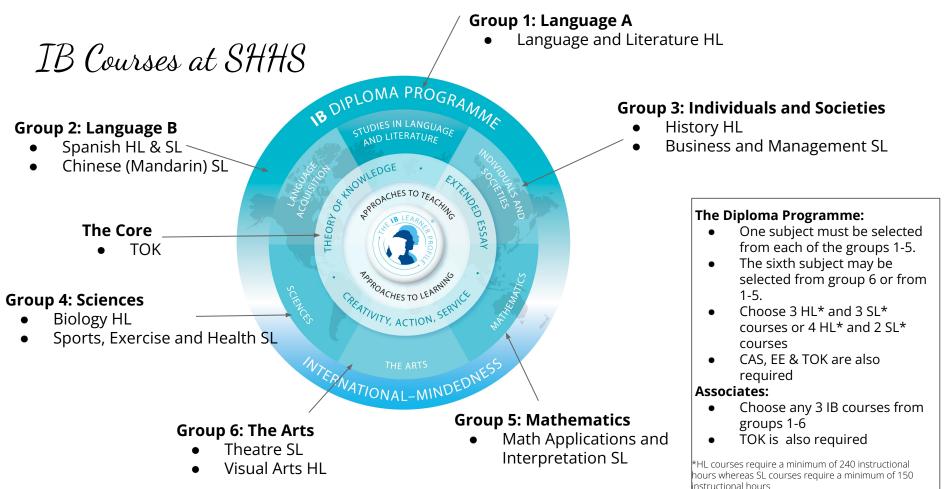
Theory of Knowledge (TOK)

students reflect on the nature of knowledge and on how we know what we claim to know

Sample TOK Questions

Can there be knowledge that is independent of culture? Discuss with reference to mathematics and one other area of knowledge.

To what extent do you agree with the claim that "there's a world of difference between truth and facts" (Maya Angelou)? Answer with reference to two areas of knowledge.



https://www.ibo.org/university-admission/support-students-transition-to-higher-education/c

ourse-selection-guidance/

Meet your SHHS IB Teachers for 2025-2026

Group 1: Language A

Language and Literature HL



Kevin Colwell Room 154 kcolwell@c-vusd.org

Spanish HL & SL

Chinese (Mandarin) SL

Group 2: Language B

Rene Romero Room 807 rromero@c-vusd.org



Amelia Steinkraus Room 201 asteinkraus@c-vusd.org

Group 4: Sciences

Biology HL

Peter Smiley

Room 308

psmiley@c-vusd.org

Sports, Exercise and Health SL



Wendolyne Maldonado Room 160 wmaldonado@c-vusd.org



Dan Cao Room 811 dcao@c-vusd.org

Health SL

Darrick Linenberger Room 422 dlinenberger@c-vusd.org

Group 3: Individuals and Societies

- History HL
- Business and Management SL



Marisol Marquez Room 634 mmarquez@c-vusd.org



Eric Redding Student Union eredding@c-vusd.org

Group 5: Mathematics • Math SL



Scott Mocabee Room 108 smocabee@c-vusd.org

Group 6: The Arts

- Theatre SL
- Visual Arts HL



Jeremy Cooley Theatre jcooley@c-vusd.org



Room 540 mmurillo@c-vusd.org



IB and Universities

- Top universities from around the world have shown how they value the IB's credentials by
 - building special pathways for IB students
 - granting credit or advanced standing for performance on IB exams
 - providing scholarships for IB students

Universities/Institutions SHHS IB students have attended



Weng Ao



ICI University of California, Irvine

Major- Business Career Goal- Business Manager Extended Essay Question: To what extent should businesses in the video game industry hold corporate social responsibilities for monetizing randomized content in the form of loot boxes?



Penny Mesa B A N G O R UNIVERSITY

Major- Environmental Conservation Career Goal- Sustainability Consultant Extended Essay Question-To what extent should an artists legacy impact the viewers experience of their work?

David Nuno

UC RIVERSIDE

Major- Mechanical Engineering Career Goal- Inventor Extended Essay Question- To what extent was the 2020-2021 COVID-19 pandemic responsible for the sudden increase in viewership on the website Twitch?



Henry Tiet

Major- Electrical and Computer Engineering Career Goal- Software Engineer Extended Essay Question- How did the design of TikTok's app contribute to its widespread addictiveness?

Samara Avila



Major- Nursing

Career Goal- Pediatric Registered Nurse Extended Essay Question- To what effect does Erika Sanchez effectively utilize the motif of perfection and silence in the novel, I Am Not Your Perfect Mexican Daughter to depict the generational trauma felt by first-generation Americans?

Myah Jones



Major- Biomedical Engineering Career Goal- Biomedical Engineer Extended Essay Question-How did the media significantly affect perspectives of the American feminist movements in the 1960-80s?







End of Program Recognition







Growth Mindset



Contact Info



IB Coordinator

Marisol Marquez- mmarquez@c-vusd.org

Counselors

Danielle Alexander (A-E)- <u>dalexander@c-vusd.org</u>

Christina Grigolla (F-L)- cgrigolla@c-vusd.org

Raquel Chavarria (M-P)- <u>rchavarria@c-vusd.org</u>

Shawna Hansen (Q-Z)- shansen@c-vusd.org

Maxson Yang

SHHS alumnus DP candidate class of 2016

"IB is a very different, difficult, but rewarding experience. I encourage you to look beyond "college credit" and towards the real things that help you go far not only in college, but in life. It will encourage you to embrace the challenges of life, provide you with the mindset to navigate these challenges, and give you the grit that you need to stick it out through the end."